

哪些人可以帮助？



positive
partnerships

Working together to support school-aged
students on the autism spectrum

帮助您了解谁可帮助及如何帮助的指南

本指南说明有哪些不同的服务机构以及他们的服务内容。若您担心子女的发育成长，与这些人交谈或许对您和孩子都有帮助。

教师

教师可帮助孩子学习阅读和写作等技能，包括需要额外帮助的孩子，或学习和行为与他人不同的孩子。与教师交谈，可帮助他们为孩子的学习做好规划。

儿科医师

儿科医师是指专业从事婴幼儿、儿童和青少年医务工作的医师。

心理学家

心理学家有时也称为“心理师”。在思考、学习新技能和行为方面遇到困难时，心理学家可提供帮助。他们能帮助难以控制情绪的人。心理学家有时会进行小组咨询治疗，有时会 and 患者单独谈话。他们经常帮助父母学习新方法教育孩子行为和游戏。

言语病理师 / 治疗师

言语病理师有时也称为“言语师”。他们能帮助患者进行沟通，能发现孩子学习说话的速度是否与其他孩子相同。若患者在语音/词语上或者和不同人谈话的方式上存在问题，言语病理师可提供帮助。有时他们也能帮助阅读。

职业治疗师

职业治疗师有时简称为 OT。OT 能帮助孩子应对或了解环境，如挑食者、喧闹声。他们也能帮助如厕训练、睡眠、穿衣及与他人玩耍等事情。OT 可帮助教会大小动作，如书写、切割、爬行和跳动。

社会工作者

社工能帮助民众处理各种问题，在遇到困难时提供支持。社工可提供咨询服务和情感支持。他们也能帮助提供实际的支持。

听觉矫正师

听觉矫正师帮助矫正听力问题。他们是查实患者是否患有听力问题的专家。他们能帮助患者改善听力。

物理治疗师

物理治疗师能帮助各个年龄阶段的人改善活动能力和身体机能。



Who can help?

A guide to help you understand who can help and how

This guide explains who different service providers are and what they do. If you are worried about your child's development, talking to these people may help you and your child.

Teachers

Teachers help children learn skills like reading and writing, including children that need extra help, or learn and behave differently. Talking to the teacher can help them to plan for your child's learning.

Paediatrician

A Paediatrician is a medical doctor who specialises in the medical care of infants, children and teenagers.

Psychologists

Psychologists are sometimes called 'psychs'. Psychologists help people when they have trouble with thinking, learning new skills and behaving. They can help people when their emotions are hard to manage. Sometimes psychologists work with people in groups and sometimes they will talk to people by themselves. They often help parents learn new ways to teach their child about behaving and playing.

Speech Pathologists / Therapists

Speech Pathologists are sometimes called 'speechies'. They can help people to communicate. They can find out if a child is learning how to talk at the same rate as other children. Speech pathologists can help if there are problems with speech sounds/ words or the way they talk to different people. Sometimes they can help with reading.

Occupational Therapists

Occupational Therapists are sometimes called OTs. OTs can help your child cope with or understand the environment, i.e. fussy eaters, loud sounds. They can also help with things like toilet training, sleeping, getting dressed and playing with others. OTs can help with teaching big and small movements, such as writing, cutting, climbing and jumping.

Social Workers

Social Workers can help people to cope with problems and support them in difficult times. Social Workers can provide counselling and provide emotional support. They can help with practical supports too.

Audiologists

Audiologists help with hearing. They are specialists who can find out if people have hearing problems. They can help people to hear better.

Physiotherapists

Physiotherapists help people of all ages to move and function better.