

自閉症： 謬論與事實

Traditional Chinese - Myths & Facts



“謬論”是直接引自家人的說法。

“事實”是基於科學和醫學研究的事實。

“謬論”

事實

自閉症是一種詛咒或懲罰

自閉症不是由詛咒引起的。自閉症是年輕人的大腦發育不同。自閉症人士可以在協助和幫助下進步和發展。

自閉症是因為免疫接種引起的

研究並未發現自閉症和疫苗之間存在任何關係，聲稱兩者之間有聯繫的文章已被證明是錯誤的。

自閉症是母親或父親的過錯

基因和環境等多種因素都會引致自閉症，而不是因為父母做錯了甚麼。

自閉症是會傳染的疾病

自閉症不是一種傳染的疾病，但是被診斷自閉症的人數正在增加，這是因為父母和醫生對自閉症有了更深入的瞭解，而且有更多人可以獲得自閉症評估。

自閉症是由太多科技導致，例如電話和電腦

沒有證據顯示科技與自閉症之間存在聯繫。在科技出現之前，自閉症人士已經是我們社區的一部份。

瀏覽 positivepartnerships.com.au



“謬論”是直接引自家人的說法。

“謬論”

自閉症是由缺乏維生素C或D引起的

自閉症人士不想交朋友

自閉症人士的智商 (IQ) 都很低

所有自閉症人士都有特殊技能

自閉症只影響某一‘階級’的人

“事實”是基於科學和醫學研究的事實。

事實

缺乏維生素和自閉症之間沒有聯繫。如果你擔心你的孩子是否需要更多的維生素C或D，請諮詢你的醫生。

自閉症人士的友誼可能與非自閉症人士不同。他們可能需要支援來發展交友技能。

自閉症人士的智力和其他能力因人而異，對於非自閉症人士來說也是如此。

每個人都有長處和支援需求，包括自閉症人士和非自閉症人士。

自閉症人士來自社會各個階層以及所有文化和社群。



Autism: Myths and Facts



The 'Myths' are direct quotes from family members.

The 'Facts' are based on science and medical research.



Myth

Fact

Autism is a curse or punishment

Autism is not caused by a curse. Autism is a difference in a young person's brain. People who are autistic can progress and develop with support and help.

Autism is caused by vaccinations

Research studies have found no link between autism and vaccinations. Articles claiming there is a link have been proven wrong.

Autism is the fault of the mother or father

People are autistic due to multiple factors including genes and the environment, not because a parent has done something wrong.

Autism is an epidemic

Autism is not an epidemic, however the number of people being diagnosed as autistic is increasing. Parents and doctors are more aware of autism and have more access to assessments for autism.

Autism is caused by too much technology such as phones and computers

There is no evidence that there is a link between technology and autism. Autistic people were part of our communities before technology existed.

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“ Myth

Fact

Autism is caused by a lack of Vitamin C or D

There is no link between a lack of vitamins and autism. If you are worried your child needs more vitamin c or d, talk to your doctor.

Autistic people don't want friends

Autistic people may have friendships that look different to people who are not autistic.

Autistic people all have very low intelligence (IQ)

The intellectual ability of autistic people varies as does their other abilities. This is the same for people who are not autistic.

All autistic people have special skills

Everyone has strengths and support needs, including autistic people and those who are not autistic.

Autism affects only a certain 'class' of people

Autism is diagnosed in people from all parts of society and across all cultures and communities.

