

自闭症： 谬论与事实

Simplified Chinese - Myths & Facts



谬论：说法来自自闭症人士的家人

事实：来自科学和医学研究



谬论

事实

自闭症是受了诅咒或老天的惩罚。

自闭症不是因为受了诅咒。自闭症是儿童大脑发育出现差异引致。自闭症人士能够在外界支持和帮助下发育和发展。

自闭症是免疫接种造成的。

研究未发现自闭症和接种疫苗之间有任何关联。声称两者有关系的论文已被证明是错误的。

自闭症是孩子父亲或母亲的过错。

基因和环境等多种因素都会引致自闭症。这不是因为父母做错了任何事情。

自闭症是一种传染病。

自闭症不是一种传染性疾病。但是，自闭症确诊人数正在逐年上升，这是因为父母和医生对自闭症有了更多的认知，同时更多人能够获得评估诊断。

自闭症是电话和电脑等这些科技产品太多引起的。

没有证据表明科技产品与自闭症有关系。自闭症人群在这些科技产品出现之前就已经存在。

查阅我们的网站：positivepartnerships.com.au

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“ 谬论

事实

自闭症是缺乏维生素C或D引起的。

缺乏维生素和自闭症没有关系。如果你担忧自己的孩子是否需要摄入更多的维生素C或D，可以咨询医生

有自闭症的人不需要朋友。

自闭症人士的交友方式可能与非自闭症人士不同。他们或许需要支援才能发展交友技能。

有自闭症的人智商 (IQ) 都很低。

就像他们在其他方面的技能水平一样，自闭症人士的智力各不相同。非自闭症人士也有智商高低。

有自闭症的人都是一些特殊技能。

无论是自闭症人士还是非自闭症人士，每个人都有各自的特长，同时也在有些方面需要得到支援。

只有“特定社会层次”的人才会得自闭症。

所有社会群体，无论来自何种文化背景或社区，都可能患有自闭症人士。





Autism: Myths and Facts

The 'Myths' are direct quotes from family members.

The 'Facts' are based on science and medical research.



Myth

Fact

Autism is a curse or punishment

Autism is not caused by a curse. Autism is a difference in a young person's brain. People who are autistic can progress and develop with support and help.

Autism is caused by vaccinations

Research studies have found no link between autism and vaccinations. Articles claiming there is a link have been proven wrong.

Autism is the fault of the mother or father

People are autistic due to multiple factors including genes and the environment, not because a parent has done something wrong.

Autism is an epidemic

Autism is not an epidemic, however the number of people being diagnosed as autistic is increasing. Parents and doctors are more aware of autism and have more access to assessments for autism.

Autism is caused by too much technology such as phones and computers

There is no evidence that there is a link between technology and autism. Autistic people were part of our communities before technology existed.

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Myth

Fact

Autism is caused by a lack of Vitamin C or D

There is no link between a lack of vitamins and autism. If you are worried your child needs more vitamin c or d, talk to your doctor.

Autistic people don't want friends

Autistic people may have friendships that look different to people who are not autistic.

Autistic people all have very low intelligence (IQ)

The intellectual ability of autistic people varies as does their other abilities. This is the same for people who are not autistic.

All autistic people have special skills

Everyone has strengths and support needs, including autistic people and those who are not autistic.

Autism affects only a certain 'class' of people

Autism is diagnosed in people from all parts of society and across all cultures and communities.

