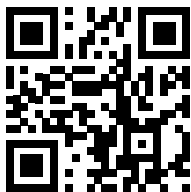


Professionals guide:

Using the sensory animation through a cultural lens



Scan here to
watch the video



Overview

This resource was co-developed with our First Nations Reference Group and communities across Australia.

It authentically represents First Nations culture and provides information about sensory processing through the characters of Nanna, Nila and Jirra.

Purpose of the animation

This animation is designed to:

- Strengthen understanding of sensory processing, particularly for First Nations families and individuals supporting neurodivergent people
- Promote cultural awareness by combining traditional storytelling with modern visual techniques.

Why this resource was created:

- Address a key gap for First Nations People with regard to specific sensory processing resources
- Strengthen conversations and honouring traditional knowledge through modern formats.

How to use this resource in educational settings

This four-minute [animation](#) can be used in classrooms, workshops, and community settings. It is suitable for teachers, families, health professionals, and community workers.

Suggested Use:

1. Before Viewing

- Introduce the topic of sensory processing.
- Briefly explain the significance of cultural perspectives in understanding behaviour and communication.

2. Watch the Animation

- Play the video in a quiet, uninterrupted space to ensure full sensory immersion.

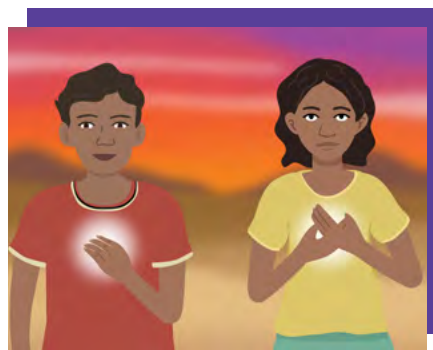
3. After Viewing – Guided Discussion

Use questions such as:

- How did the animation make you feel?
- What sensory experiences did you notice?
- How can we respect and respond to different sensory needs in our community?
- Do you see any of the sensory experiences from the animation in young people you support?

4. Reflective Activity Ideas

- Create a sensory profile or sensory map. Consider completing the My Child's Storyboard as part of this work.
- Encourage students to share a cultural story or sound that helps them feel calm or focused.
- Discuss how culture shapes the way we interpret and manage sensory information.



Key Learning Outcomes

- Greater empathy and awareness of diverse sensory experiences.
- A deeper connection to First Nations ways of knowing, being, and learning.
- Enhanced ability to support neurodivergent individuals in culturally responsive ways.
- Gaining a deeper understanding of the impacts of our young people's sensory differences and input within their world.

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