








Sensory Tool

Name _____ Date _____

		Under sensitive observations ‘A lot feels like a little’	Over sensitive observations ‘A little feels like a lot’	Possible strategies
Tactile (Touch)				
Visual (Sight)				
Gustatory (Oral Sensations)				
Auditory (Sound)				
Olfactory (Smell)				
Vestibular (Movement)				
Proprioception				
Interoception	