



Activities that support autistic students to be social - *in the classroom.*

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Strategies for students that want to interact with others but need support *in the classroom:*

- Learning buddies
- Smaller groups teacher/teacher aid
- Write it down, someone else shares
- Prompting cards/conversation starters
- Social stories
- Modelling/acting
- Prior warning about questions being asked
- Specific scripts
- Set up a support group for that student to lean on and have a go-to

- Thought bubbles about how you could ask and expected responses
- Buddy system with a preferred task
- Teach context specific social interaction skills with reasons
- Provide sentence starters to the student to scaffold the interaction
- Interacting with peers through their ipad or with help from teacher aid

Strategies for students that DON'T want to interact with others but need support at break-times:

- Library at lunch time
- Timeout pass
- Brain breaks
- Lap of oval
- Chaplain or counsellor
- Chillout space in corner of room
- Mindfulness time

- Silent reading
- Special envelope
- Music
- 5 minutes of 'me' time
- Sick bay for a sleep
- Take a break card
- Discrete communication to request a social break

This initiative is funded by the Australian Government Department of Education through the Helping Children with Autism package.

The views expressed within this information sheet do not necessarily represent the views of the Australian Government or the Australian Government of Education.





Activities that support autistic students to be social - *at break times.*

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Strategies for students that want to interact with others but need support at break-times:

- Buddy bench
- Lunch time clubs/alternate options for students
- Social skills board game
- Check in/letting children know what is available at breaks
- Outdoor/quiet space
- Social stories about turn taking, sharing, games
- Pre-correct and plan before playtime
- Structured activities led by staff
- Engage students with lunchtime club

- Having the student, parent, teacher involved in talking with a class about themselves and how they communicate and see the world
- Passive play-break card
- Social skills groups
- Flip-book strategies to try for joining in
- Buddy chair in the yard
- Alternate activities led by teachers drawing, lego, etc
- Set up some cooperative lunch time activities
- Alternate indoor activity

Strategies for students that DON'T want to interact with others but need support at break-times:

- Library
- Taking the PAWS dog for a toilet break
- Visit the learning lab
- Pat the rabbits/feed the rabbits
- Blow paths with the leaf blower
- Student garden
- Pick up rubbish

- Paint the fence with water
- Provide quiet spaces during breaks
- Colouring-in activity
- Sensory garden
- Have a calm-down space out of view
- Signal card to leave class for a break

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